

WEEKLY PLAN

DATE: _____

MONDAY



TUESDAY



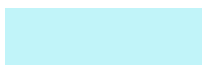
WEDNESDAY



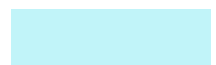
THURSDAY



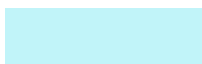
FRIDAY



SATURDAY



SUNDAY



NOTES